THE 'APOSTLE OF CHABLAIS', ST. FRANCIS DE SALES: INSPIRATION OF THE FOUNDER AND MODEL OF THE MISSIONARIES OF ST. FRANCIS DE SALES

Introduction

Pope John Paul II exhorted the Missionaries of St. Francis de Sales¹, "Inspired by Saint Francis de Sales' simplicity, benevolence and confidence, Father Mermier imitated his evangelising fervour and quickly gathered about him a group of priests committed to prayer, study and missionary work in the spirit of the saintly Bishop of Geneva". The 400th Death Anniversary year of St. Francis de Sales is an occasion for the MSFS to reiterate and invigorate our commitment to the foundational vision of the founder in the Spirit of St. Francis de Sales; reinvent creative, innovative and appealing ways of preaching the word like St. Francis by reading the 'signs of the times'³. The task is daunting but promising as the journey which began in 1838 has continued in the Missionaries of St. Francis de Sales. The prime motive of Fr. Peter Mary Mermier⁴, the founder of the MSFS was Evangelisation realised through the spirit and spirituality of St. Francis, who was the inspiration and model for all that was said and done.

1. St. Francis de Sales, the Inspiration and Model in the Founding of the Congregation of the Missionaries of St. Francis De Sales (MSFS)

1.1. Budding of Priestly Vocation of Fr. Mermier in the Post-French Revolution Era

The Vocation of Fr. Peter Mermier has had its setting in the Geo-political, socio-economic, religious and ecclesiastical scenarios. His Vocation to the Priesthood and religious life was his response to the need of the day⁵. Peter Mermier was born in 1790, in Savoy an independent state bordering France. The Geo-political situation within three years of the French Revolution was alarming - parish schools were forced to close and members of the nobility and clergy (religious men and women, priests) who refused to take the ambiguous 'Oath of Allegiance to the Constitution' were suspected of being enemies of the Revolution and were sent to the guillotine, persecuted, or exiled; Savoy's agrarianbased economy was becoming increasingly impoverished, with potential immigrants being drawn to the industrial metropolis of neighbouring France. The socio-political context moved the heart of Mermier, where nearly two-thirds of the population - men and youth - were affected by emigration. The religious situation was, nevertheless, distinct. The Mermiers' farm provided shelter for the 'underground priests' during the 'reign of terror.' 690 priests out of 750 were exiled from the Chambéry diocese. Little Mermier assisted at Holy Mass offered by these devoted priests in the cellar. Most of the Churches had been destroyed, and the presbyteries had been looted and abandoned. The youth and young adults born during and after the French Revolution were unable to receive the sacraments, practise their religion or learn the Catechism due to a shortage of priests⁷.

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¹ In the article, whenever St. Francis de Sales is directly addressed, the short name 'St. Francis' is used.

² Message of The Holy Father John Paul II to The Missionaries of Saint Francis De Sales, 27 May 2000.

³ Much-quoted phrase from the Second Vatican Council's Pastoral Constitution on the Church in the Modern World (Gaudium et spes).

⁴ Fr. Peter Mary Mermier (1790-1866) has been in the casue for the Process of Canonization. As of now, he has been vested with the title, 'Servant of God.' Wherever possible, his short name, 'Fr. Mermier' is used in the article.

⁵ Cf. W. M. Wright, Heart Speaks to Heart: The Salesian Tradition, Darton, Longman & Todd Ltd, London 2004, 115.

⁶ T. KULANDAISAMY – T. CHERUKAT – Y. CARRON (et. al), MSFS Charism and Mission: A Compendium of Essays in Honour of Father Emile Mayoraz MSFS, SFS Publications, Banglore 2019, 98-99.

⁷ Cf. WRIGHT, Heart Speaks to Heart, cit., 113.

These situations in society spurred his spirit and moved his heart to a concrete response toward his Vocation – His memory registered all this, and his soul was filled with fear which could be calmed only by the tenderness, lively faith and zeal of his mother for God and His Church⁸. The beginning of Salesian Vocation was received from his own mother, Antoinette Bastian, who studied in the boarding of the Visitation Monastery, Annecy, where she received an excellent Salesian education -cordiality, good manners, authentic and lively devotion as well as all the qualities of spirit and heart. Later on, Fr. Mermier would write, "I repent for not having written anything about my mother. My God, how much I owe her. No, no, she was not an ordinary woman." Thus, Peter Mermier responded like Moses, "I have heard my People's cry" to his priestly Vocation (Cfr. Ex 3:7).

1.2. Blossoming of the Salesian and Missionary Vocation of Fr. Peter Mermier

In 1807, Mermier was received at the major seminary of Chambery and they recognised in him the Salesian qualities of fervency in prayer, hard work in academics, and Charity towards his fellow students. He was ordained on 21st March 1813, at the age of 23. He began his priestly ministry at Magland and thereafter was appointed to the college of Melan, where he was exceedingly kind and loved but also firm with the students, exhibiting Salesian little virtues¹⁰. Being inspired by St. Francis, his pastoral heart was burning with zeal for the souls of Savoy. In 1819, he started organising parish missions as he joined forces with Father Joseph Marie Favre to stir up religious fervour in their village parish. Soon, the two embarked on a mission to preach in Savoy, with Mermier focusing on Annecy and Favre on Chambéry. It is clear from 1822 that Mermier wanted to dedicate himself to preaching parish missions, which led to the idea of constituting an 'Association of Mission Preachers'. By 1830, he started to work on a memorandum under the title, 'the usefulness of a body of missioners in the diocese of Annecy', Savoy, which he gave a final shape in 1839 after the Congregation came into existence.¹¹

The first Bishop of Annecy, Mgr. De Thiollaz was succeeded on 2nd October 1832 by Bishop Peter-Joseph Rey, who already as Bishop of Pignerol desired Missionaries in his diocese, and Fr. Mermier expected much support and encouragement from the new Bishop in his project. An early dream of combining forces and uniting under the name 'Oblates of St Francis de Sales' never materialised. However, after a stint as spiritual director of the Annecy seminary, Fr. Mermier, with several companions, formed a community at the town of La Roche in 1834. The rule that emerged out of the La Roche beginnings was chiefly crafted from the Rule of the Vincentians, which, in turn, made extensive use of the Directory of the Visitation written by St. Francis. When the diocese of Annecy was established, the prime task of the Prelate was to bring about a Catholic mindset among the people, and Fr. Mermier, who was then preaching missions in Annecy and Father Joseph Marie Favre in Chambery, found favour with him. Then, with the support of Bishop Rey, the nascent community moved into a newly built house near the seminary. At La Roche, for four years (1834-1838), the first band of missioners resided as a 'religious' community striving to create a tradition in keeping with the spirit and spirituality of St. Francis. The details are presented by Fr. Petitjean:

There reigned between the members a sincere cordiality, simplicity and modesty cementing their unity; their spirit of zeal animated their activities, and they shared all their experiences. In the art of preaching and in being all to all, they made their meditation together, as well as their examen and spiritual reading. Every Friday, they attended a conference given by Fr. Mermier...It was some of the happy moments of their first fervour.¹³

⁸ Cf. J. REY, Father Peter Mermier: Founder of The MSFS And Sisters of The Cross of Chavanod, 1960, 4.

⁹ REY, Father Peter Mermier, cit., 6.

¹⁰ Cf. A. DUVAL, Monsieur Mermier 1790 - 1862, SFS Publication, Banglore 1985, 8 - 9.

¹¹ Cf. MSFS Charism and Mission, cit., 100.

¹² Cf. WRIGHT, Heart Speaks to Heart, cit., 113.

¹³ REY, Father Peter Mermier, cit., 36.

The Congregation of the Missionaries of St Francis de Sales of Annecy was born on 24th October 1838 with the prompting and approval of Pierre Joseph Rey, Bishop of Annecy (1770-1842), Father Pierre-Marie Mermier (1790-1862), and five other diocesan priests who then lived in community under a rule permeated with the Salesian spirit who were involved in parish missions and re-evangelisation of Savoy.¹⁴ The Salesian spirit in him was rekindled as he wrote on 24th February 1849, while residing at Allinges, to Fr. Gaiddon and shared a few ideas with him on the missionary apostolate:

It seems to me that now is the time, as never before, to be holy, spotless, apart from sinners, raised up higher than the heavens. Our ministry demands that we show the people, the society, that we are other Saint Francis de Sales, perfectly disinterested, burning with zeal for the salvation of souls, full of compassion at the sight of the evils that afflict the people, without wasting our time in making useless speeches, but imbued with a genuine missionary spirit, an irreproachable doctrine and above everything else a pure life. ¹⁵

1.2.1. The Rationale Behind Honouring St. Francis de Sales as the Patron of the Congregation

1.2.1.1. The Imperative for Re-Evangelisation Like St. Francis

The founder recognised the spiritual sonship that linked him not only to the 'Apostle of the Chablais' but also to the author of the 'Introduction to the Devout Life' and the 'Treatise on the Love of God.' Francis de Sales himself lived during a period of intense religious turmoil. His response to the Church's plight was to preach the Gospel of God's love in simple and accessible terms. He taught every one of friendly piety and liberating optimism - Evangelisation was his prime motive. Monsieur Mermier and his associates attempted to communicate in a language everyone could understand. When confronted with the severity of Jansenism, they declared a religion of trust and love. Monsieur Favre and Monsieur Mermier dreamed of putting their work under the patronage of St. Francis de Sales from the outset of their collaboration. They were aware that they were responding to the Savoyards' implied wish in this manner: 16

The name of the lovable St. Francis de Sales is so renowned wherever he is known, his luminous and passionate writings so widely respected, his memory and cult so universally honoured, that all the Catholic Church's faithful children who honour the cult of the saints, and in particular that of the saintly Bishop of Geneva, the glorious Apostle of the Chablais - all will be happy to learn that a Congregation has appeared in Savoie under the title of Congregation of Missionaries of St. Francis de Sales.¹⁷

1.2.1.2. St. Francis' Missionary Zeal

His daring, innovative and creative approach to Mission and exemplary missionary zeal manifested in the advocacy of interior transformation through gentle persuasion were imitable virtues¹⁸. Thus, the Constitution adopted his way of teaching the Gospel – the Congregation's Patron and Special Protector is St. Francis de Sales - the faithful imitator of Christ Jesus and his virtues, particularly his compassion for sinners and humility, which he practised valiantly. These are the characteristics that the Missionaries consecrated to him aspire to copy, especially with God's mercy and the prayers of their noble Patron.¹⁹

¹⁴ Cf. WRIGHT, Heart Speaks to Heart, cit., 113.

¹⁵ Father Peter Mermier's letter to Fr. Gaiddon on 24 February 1849.

¹⁶ Cf. A. DUVAL, Monsieur Mermier 1790-1862, SFS Publication, Banglore 1985, 63-64.

¹⁷ Cited from Fr. Mermier's Memoir of 1939, title VIII.

¹⁸ Cf. MSFS Charism and Mission, cit., 103.

¹⁹ Articles 5 – 6 of the Constitutions of the Missionaries of St. Francis de Sales.

1.2.1.3. An All-embracing Salesian Spirituality

According to Fr. Mermier, no spirituality is so all-embracing and so pastorally effective as the practice of Salesian spirituality. Living Salesian spirituality renders the smallest details of our life evangelical and has an evangelising effect. Having assimilated the Salesian spirituality, Fr. Mermier echoes the familiar strains of Salesian spirituality of love in his writings and his advice and counsels. In advising us to be another St. Francis, he himself strove to live this ideal and has left us the inspiration of a life that was suffused with the perfume of Salesian spirituality. As Pope John Paul II exhorted, "Guided by the deep spirituality and evangelical creativity of your Founder, you look to Saint Francis de Sales as your heavenly Patron and seek to implement his teaching and example in your apostolate." ²⁰

1.3. Blooming of a Salesian in Fr. Mermier - Parallels in St. Francis and Fr. Peter Mermier

1.3.1. Mothers Become a Source of Inspiration

Francis de Sales was influenced by his mother from childhood - "She was the most tender and affectionate person that one could find. God had blessed her with a most blessed life and happy death" Similarly, Fr. Mermier's mother influenced him toward the Holy Vocation. His mother was born into a family blessed with the ancestry of eminent lawyers and illustrious clerics and was brought up in an institution of Visitation. She sheltered the priests and taught Catechism to the Children - "I owe my vocation to the holiness of my mother." ²²

1.3.2. Similarity of Settings

The setting of life for Francis and Mermier were similar - ravaged countryside, oppressive civil authority and neighbourhood, scandal due to ignorance, fear of reprisals, and laxity of the clergy. Francis was born into a traumatic yet challenging world²³. This environment made him the person he grew up to be and the great saint he has come to be known as. - The anti-religious humanists of his time opposed humanism with Christianity, and the Calvinists highlighted human decadence. During the time of Mermier, besides attacking the faith of the Savoyards, the Calvinists in Geneva reviled their monarchic allegiance (as against their Republican ideology) – focusing their attack on the nobility and clergy. Their interaction with Catholics was only to highlight their doctrinal errors, to ridicule the sacraments, the liturgy and rituals, and to exaggerate the decadence of the morality of the clergy. Hence, Fr. Mermier revealed on 1838, 24th September, that "I have totally dedicated myself to the work of the missions, to the sublime ministry of Jesus Christ who is the first missionary and the leader in every mission."

1.3.3. Empowerment of Women by Women - Founders of the Congregation for the Excluded

The Visitation was founded primarily for women by a man who was the spiritual director of many women – both religious and those living in the world. It was founded for women who at the time would have been considered unsuitable candidates for religious life due to widowhood, poor health and physical handicaps.²⁴ Fr. Mermier co-founded the Congregation of the Sisters of the Cross in 1841 after becoming concerned about the plight of marginalised young women. Providence led him during the Mission he preached in Chavanod in 1837, to encounter Claudine Echernier who sought his spiritual guidance. On 21st August 1841, Bishop Rey, the successor of St. Francis de Sales, gave his permission for the blessing of this small institute. Following the Spirit of St. Francis, Fr. Mermier countered the objection raised concerning the age limit of recruitment to the nascent religious Congregation, thus:

²⁰ Message of The Holy Father John Paul II to The Missionaries of Saint Francis De Sales, 27 May 2000.

²¹ Oeuvres de St. François de Sales, OEA, XIV, 257-258.

²² J. REY, Father Peter Mermier: Founder of The MSFS And Sisters of The Cross of Chavanod, 1960, 6.

²³ Cf. Oeuvres de St. Francois de Sales, OEA, XIX, 74.

²⁴ Cf. M. D. Bedoyere, SaintMaker: The Remarkable Life of Francis de Sales, Shepherd of Kings and Commoners, Sinners and Saints, Sophia Institute Press, Manchester 1998, 172.

I would almost go as far as saying that St. Francis de Sales founded the Visitation Order initially to receive all those whom other convents, for one reason or other, refused to admit. All that our good Father asked for was goodwill and the right intention. Our little Congregation of the Cross is also founded in part, to come to the aid of so many girls who would be at risk in the world.²⁵

1.3.4. Mission at the Centre of Evangelisation – the Mission of Preaching

At the start of his Chablais Mission, fear of reprisals from the civil authorities and Protestant ministers caused no one to dare attend his sermons in the Church. So he found a way to reach the ear by entering homes – he turned his sermons and instructions into tracts small enough to be slipped under doors that would not open to him, which were pamphlets, a systematic defence of Catholic teaching. Fr. Mermier undertook Mission preaching even before the foundation of the Congregation. Fr. Mermier did not want a mere group of missioners but a mission-preaching team – a blend of community living and apostolic engagement of faith renewal through parish missions that are planned together, preached together, evaluated together and improved upon together. Thus, apostolates of overseas and pioneering Evangelisation made part of the Apostolates of the MSFS congregation. ²⁶

1.3.5. Communicaton Par Exellence

'Edition d'Annecy,' the complete works of St. Francis de Sales, testify to the fact that he was a communicator par excellence, written to people of every walk of life.²⁷ It is estimated that Francis, on an average, used to write about twenty to thirty letters a day. At his beatification, a witness testifies that one morning he found about 50 letters on his table, ready for dispatch. Once, he exclaimed, "This is my workshop. I have so much to do here that I do not move out". In 1886, the Daughters of the Cross published sixty-nine of the founder's letters in their 'Family Annals'. The archives of the Bishop's house in Annecy preserve more than 400 letters, the communication between Bishop Rey, the earlier Missionaries to India and MSFS conferers in Europe. From 1823 to 1837, Fr. Mermier carried on a copious correspondence with his Mission preaching associate Fr. Joseph-Marie Favre, of the diocese of Chambery. While Fr. Mermier's letters have been lost, the MSFS archives still possess forty-three of Fr. Favre's letters. The MSFS archives have also preserved thirty-nine 'notebooks' whose contents range from meditation points, formation guidelines, sermon outlines and evaluation, minutes of meetings and business matters, and a chronology of his correspondence. There is also a detailed diary of his visit to Rome (1842-1843).

2. The Continuing Inspirations of St. Francis de Sales in the Chrism and Apostolates of the Congregation

2.1. Reflection of Salesian Spirituality in the MSFS Charism

Bishop Rey was convinced that Fr. Mermier and his companions were full of apostolic zeal, especially for the work of the missions in the footsteps of St. Francis. Hence Bishop Rey, before granting the full canonical recognition to the Congregation, gave a clear directive to the community, which sums up the Mission and charism of the Congregation - "Yours is a triple task: to study Saint Francis de Sales, to imitate his virtues, to make his method of helping people your own - extreme gentleness

²⁵ The Letter written by Fr. Mermier on 28-04-1852.

²⁶ Articles 31 – 35 of the Constitutions of the Missionaries of St. Francis de Sales.

²⁷ The books known under the name of 'Edition d'Annecy' (Annecy Edition - Witten as OEA) are the most complete edition of the works of St. Francis published by the Visitation Sisters of Annecy with the help of Dom B. MACKEY OSB, based on autographs and original documents. It comprises 26 volumes published between 1892 and 1932. A 27th volume containing Tables and Indexes was published in 1964. This contains his communication to the King of France, the Emperor of Germany, the Duke of Savoy, Princes and Nobility, and civil dignitaries; Popes, the Papal Internuntio, Cardinals, Archbishops, Bishops, diocesan and religious priests, nun and lay men and women, and, to members of his family.

with poor sinners. Zeal - that is his distinguishing feature."²⁸ Thus, the very first religious Congregation in the whole world under the patronage of Saint Francis de Sales was born with its specific charism of living the spirit and spirituality of the Saint in Mission with extreme gentleness and apostolic zeal.²⁹ MSFS charism means the unique gifts of grace bestowed on our Founder, Father Peter Mary Mermier. It was the Salesian spirituality he followed in the exercise of the Mission and its aim, and the apostolate he envisaged under the guidance of the Holy Spirit.³⁰

2.2. Reflection of Salesian Spirituality in MSFS Core identity

The MSFS core identity reflects Salesian Spirituality: Availability – Four types of functions love does as described by St. Francis, i.e., acts full of loving care, acts that make things a little easier for the other, being a support in times of weakness and strength to lean on in times of growth and improvement; Simplicity – by being straightforward with graciousness and respect like our Patron; Optimism – A son of St. Francis de Sales is an incurable optimist because that is how God is with regard to ourselves; Gentleness – an MSFS confrere rarely gives vent to his anger reminding himself of what St. Francis de Sales says it is better not to get angry rather than express just anger even if such anger is licit and trust in the Providence of God – the MSFS pastor enables the community to see everything through the prism of faith and everlasting love of God for his people.³¹

2.3. Reflection of Salesian Spirituality in the life of a Formator, Pastor and Principal

Fransalian formation is a process of fostering progressive growth into a mature and integrated human and Christian, consecrated to God, intimate with the Person of Christ revealed in Scripture, nourished through prayer and the Sacraments, with a sense of belonging to the Church, and in tune with our Fransalian Charism through assimilation of Salesian spirituality³². MSFS Pastor follows the Patron and Founder as his pastoral icons in imitating Jesus the Good Shepherd. He carefully studies their pastoral approaches and methods and adapts to his situation. He strives to be another St. Francis de Sales and another Mermier of his times. Mary, the Mother of Sorrows, is his inspiration of compassionate Love of God in his ministry.³³ An MSFS Principal remains a true disciple of St. Francis de Sales, his Patron and imitates him in his ministry's virtues of gentleness, patience, humility and simplicity³⁴. The MSFS steward is on Mission of Christ while immediately immersed in financial and material concerns of the Congregation in the spirit and spirituality of St. Francis and the apostolic zeal and love for the missions of Fr. Mermier, our founder.³⁵

2.4. The Spirit of St. Francis de Sales in the Apostolates of the Congregation

In the apostolate of Renewal of Christian life, the Congregation imitates the methodology of St. Francis, who had Charity as the ultimate spirit to bring back the Calvinists; his undying love for the confessional, his basic conviction that "the Eucharist is the sun of all spiritual exercises", his prayer life, his endurance during trials and faith in the providence of God, his pastoral visits, and his sociopsycho involvement for the different sections of the society. In the Apostolate of Education of youth, St. Francis' hard work as a student, as a priest, and as a Bishop has been taught; His Spirit of service to the poor, his spirit of animation, his fidelity to consecrated living even while being engrossed with the affairs of the world, his spirit of teamwork, his initiatives and risk-taking, his love for sciences, multifaceted learning are stressed in various policy decisions. In the Social and Innovative ministry, his passion for writing and communicating, his spirit of becoming an instrument of reconciliation in

²⁸ A. DUVAL, Monsieur Mermier 1790-1862, SFS Publication, Banglore 1985, 67.

²⁹ W. M. WRIGHT, Heart Speaks to Heart, cit., 113.

³⁰ Article 1.1. e. of General Directory of the Missionaries of St. Francis de Sales

³¹ Cf. Booklet on MSFS Profiles: Core Identity of A Fransalian in Ministry, 12-17. Hereafter known as 'Booklet'.

³² Cf. Booklet, 26.

³³ Cf. Booklet, 25.

³⁴ Cf. Booklet, 29.

³⁵ Cf. Booklet, 43.

society, his calculated risks trusting in the providence of God, his ecumenical mindset, his zeal to guide souls in the spiritual direction, his innovative methods of spreading the Gospel and empowering the laity through various aspects of holiness are enshrined in the ministry of the MSFS.³⁶

2.5. Integrating the Patrons' Zeal and the Founder's Desire for Mission since 1838

"The missionary spirit of St. Francis de Sales was zeal unto death," which permeated his Pastoral, Episcopal, and Spiritual Guidance and earned him the title 'Apostle of Chablais,' has a continuity in the missionary spirit of the MSFS. Fr. Mermier started preaching Mission in various parishes with the clarion call 'I want mission', filled with zeal and undaunted determination imitating St. Francis as his ideal and model. Since 31st March 1848, Fr. Mermier sent missionaries regularly to India, and the MSFS has generously and significantly aided the Church's growth in India, Europe, Africa and other nations through the renewal of Christian life, undertaking overseas missions and pioneering Evangelisation, and education and formation of the young in the Spirit of St. Francis de Sales. As of 2022, the MSFS has spread out in five continents: 32 countries with 11 Provinces, 1 Vice-Province, 2 regions and 2 Delegations. The same zeal is exemplified in the recent undertakings of the Congregation in Malawi mission in 2018, Indonesia Mission in 2019, Ecuador Mission in 2019, and Peru Mission in 2022.

Conclusion

This year being the 'Year of St. Francis de Sales' for the MSFS Congregation, the MSFS Pastor/Formator/Educator/Social and Innovative Minister/Steward creates a Salesian atmosphere of cordiality, friendliness, openness, welcome, attentiveness, attention, gentleness, and geniality in diverse ways taken from Salesian spirituality and through the witness of his life, wherever he is and whatever he does. 'Live Jesus,' as it was for St. Francis de Sales, is the way of life for every MSFS. We 'Live Jesus' in order to 'Give Jesus' to those entrusted to us and, through them, to all people of goodwill with an ardent desire for the Mission of the Lord in the Spirit of our Founder.

Fr. Issac John MSFS

³⁶ Cf. MSFS Charism and Mission, cit., 283-310.

³⁷ A. KOLENCHERY – A. MOOKKENTHOTTAM, 150 Years: Missionaries of Francis de Sales, SFS Publications, Banglore, 1988, 21.

³⁸ Cfr. KOLENCHERY – MOOKKENTHOTTAM, 150 Years, cit., 23.

³⁹ Special Circular published about Mission Malawi of MSFS by the South-East Province of the MSFS (KIM/12), 2018.